

REGISTRATION DEADLINE:
MAY 16, 2014

EVENT PRICE:
\$85 PER PERSON

\$120 MOTHER/MINOR DAUGHTER
GIRLS 13 TO 17 MUST BE ACCOMPANIED BY A
PARTICIPATING PARENT OR LEGAL GUARDIAN

EARLY REGISTRATION DISCOUNT:

Registrations postmarked by
May 2, 2014, will receive a \$10
discount off registration fee (including
mother/daughter)!

REFUNDS WILL BE ISSUED UP TO
MAY 23, 2014.

THERE ARE NO EXCEPTIONS!

EVENT FEES INCLUDE:

SATURDAY – 3 CLASSES
SATURDAY – LUNCH
SATURDAY – DINNER
SATURDAY NIGHT ENTERTAINMENT
SUNDAY – BREAKFAST
SUNDAY – CLASS
EQUIPMENT RENTAL
PROGRAM MATERIALS

For convenience, participants may arrive Friday
night to get settled in for an additional \$10.
Check in time is after 7 p.m. Friday.
Continental breakfast included Saturday
morning.

There will be no dinner provided on Friday night.

Make checks payable to **National Outdoor Women**.
All monies are tax deductible. National Outdoor Women
is a non-profit 501(c) 3 corporation.

Some snacks and drinks are provided.
Feel free to bring your favorite beverages or snacks.

Participants should bring:
money for auction (cash or check ONLY),
games, and raffles, overnight necessities, sleeping bag,
pillow, tennis shoes, sandals, bug spray, sunscreen,
camera, rain gear, and flashlight

Friday, June 6, 2014

Pontoon boat rides (optional)
\$5 (for gas donation) to be paid at time of registration
(See the sunset over Blue Lake!)
[approximate 45-minute cruise]
7:30 p.m.
8:30 p.m.
Campfire 9:00pm

Saturday, June 7, 2014

Registration begins: Saturday 7:30 a.m.
Welcome at 8 a.m.
1st class at 8:30 a.m.
2nd class at 10:30 a.m.
Lunch at 12:30 p.m.
(SURPRISE drawing at lunch!)
3rd class at 1:30 p.m.
Free time from 3 p.m. to 6 p.m.
(You've been an outdoor woman ALL DAY. Use your
free time to put on your ugliest prom/bridesmaid
dress and/or hat! Dress for dinner. This is a
competition!

Manicures, pedicures, and massages will be available
during free time.

You must pay vendors at the time of service with
cash or check ONLY.

Dinner at 6 p.m.

Frying pan toss (camp classic) at 7:30 p.m.
(auction closes right after the frying pan toss.)
Entertainment in the lodge from 9 p.m. to 12 a.m.

Sunday, June 8, 2014

Breakfast at 7:30 a.m.
Please check out of your cabin before morning class
(Broom and dustpan are provided in the cabins.)
At 8:45 a.m., choose between:
Yoga on the Beach
OR
Card making (three cards) in the pavilion with
Shannon Wallis
Survey, closing, and "Earn Your Badge"—10 a.m.



NationalOutdoorWomen.com

10th ANNUAL
WOW EVENT

June 6—8, 2014

Camp Pentalouan
on Blue Lake

THIS IS A CELEBRATION YOU
WON'T WANT TO MISS!

FOR ADDITIONAL INFORMATION CALL:

National Outdoor Women
11405 RUSSELL RD
TWIN LAKE, MI 49457
(231) 893-4510 or (231) 766-1945
[501(c)3 corporation]

Or visit our website at:
www.NationalOutdoorWomen.com

BASKET MAKING—Learn to make a one of a kind basket from **Heather Fessenden**.
(This class will count as two of your choices.)

OUTDOOR SURVIVAL I—Learn the basics of outdoor survival from **Scott Fessenden**.

OUTDOOR SURVIVAL II—Learn more advanced techniques of outdoor survival from **Scott Fessenden**.
(Prerequisite—Outdoor Survival I)

SELF-DEFENSE I –Keep yourself safe by learning the basics of self-defense from **Tom Twinning**.

SELF-DEFENSE II—Learn more advanced moves of self-defense from **Tom Twinning**.
(Prerequisite—Self-defense I)

KAYAKING—Relax on the water while learning the basics of kayaking.

ARCHERY—Learn to shoot a bullseye (or close) with Carol and Gary Cole from **Muskegon Bowmen**.

FIREARMS—Take aim and learn the basics of firearms with Ken Borgman and Roger Cook from **Ravenna Conservation Club**.

SKEET SHOOTING—Come learn the basics of shooting and hitting a moving target with **Bob Wessel and Ed Wessel**.

DISC GOLF—New this year! Disc golf is a flying disc game where players throw a disc at a target. Object of the game is to traverse a course from beginning to end in the fewest number of throws of the disc. **Ben Somerville** will be there to make you an expert!

FISHING—“Give me a fish and I'll eat for a day. Teach me to fish, and I'll shame all of the men on the lake.” It's time to hit the water with **Freewater Experience**, as they introduce you to the world of freshwater fishing. From rigging up rods and baiting hooks, to casting and catching, they'll walk you through all of the basic information that you'll need to share the adventure of fishing with your family and friends. The book, “The Black Book of Fishing Rigs”, is included in the course!

NRA FIREARM AND PERSONAL PROTECTION IN THE HOME COURSE—The basic pistol shooting goal is to teach the basic knowledge, skills, and attitude necessary for owning and using a pistol safely. Check out their website at www.ccwsmich.com. When attending this class, you'll receive \$39 off the registration of the concealed weapon certification class.

SIGN LANGUAGE – Learn the alphabet and numbers in basics of sign language.

FLY TYING – Learn to tie your own fly and then take the Fly Fishing class to catch that big one!

FLY FISHING – Learn to fly fish and take it to the river!!

OUTDOOR PHOTOGRAPHY – Another great opportunity to not only see the great outdoors but take pictures for your scrapbook!

REFLEXOLOGY – Tired feet? Tired body? Find out how the two are related and then learn to relax!

Canning – Learn the basics of canning. Grow your garden and then enjoy the harvest during the winter!

***STAND UP PADDLE BOARDS—Space is limited! Come have fun on the water and exercise your abs with the counselors of Camp Pentalouan.**

***HORSEBACK RIDING I –The counselors at Camp Pentalouan will guide you through the woods on a relaxing horseback ride.**

***HORSEBACK RIDING II – Enjoy horseback riding through the campground with more advanced techniques.**
(Prerequisite—Horseback riding I)

***HIGH ROPES– Walk on ropes 40 feet in the air and conquer your fears.**

***ZIPLINE – Zip through the trees just like Jane of the Jungle.**

***CLIMBING WALL—Come test your endurance and race your friends to the top.**

*** Classes will cost an *additional \$5 EACH* to cover camp expenses and are being offered as separate classes.**

**Return portion to the right with your payment to:
National Outdoor Women
11405 Russell Rd
Twin Lake, MI 49457**

2014 NATIONAL OUTDOOR WOMEN REGISTRATION

NAME _____

ADDRESS _____

CITY STATE ZIP _____

PREFERRED PHONE _____

EMAIL ADDRESS _____

Emergency Info: _____

Please rank your classes in order of preference.

First Choice _____

Second Choice _____

Third Choice _____

Alternative Choice 1 _____

Alternative Choice 2 _____

Sunday Choice **Beach Yoga or Card Making (circle)**

Medically necessary dietary needs:

*Cabins are on a **first come, first serve basis**. Please let us know who you would like to bunk with. We will do everything possible to accommodate; however, bunks and cabins are decided by who paid first. Plan ahead and get your groups together early! **If you'd like a cabin that is quieter, and tends to go to bed at an earlier time, please indicate:***

Friday night stay (\$10) _____

NOW 10 yr anniversary T-shirt (\$10) _____

Size _____

Friday night pontoon ride (\$5) _____

Before 5/10 (\$75) after 5/10 (\$85) _____

**Mother/daughter rate
before 5/10 (\$110) after 5/10 (\$120)** _____

Extra cost for classes _____

Total enclosed _____